Breakfast Moon
Written by Meg Gower
Illustrated by David Barker
64 pages  •  for ages 4-8

Mae and her younger brother, Arthur, look for the moon in the sky each morning and then record their observations in their Moon Journal. The shape of the moon gives Mae ideas for which foods to eat for breakfast, while Arthur is hungry for adventure. One morning, the children wake up to a thunderstorm, with dark clouds blocking their view of the moon. How will they choose their breakfast food? But Mae and Arthur look back at their journal entries and discover a pattern!

Published by the Astronomical Society of the Pacific (ASP), Breakfast Moon is an engaging story that encourages children to be scientists by observing the world around them. The illustrations accurately depict the shape and position of the moon over the course of several days. The book includes blank Moon Journal pages so that the readers can record their own observations of the moon’s changing phases.

The story and illustrations were developed in partnership with early childhood educators and developmental psychology researchers through the ASP’s My Sky Tonight program, funded by the National Science Foundation.